



DO YOU HAVE A PLAN... for hurricanes?

June 1, 2008



Do you have a plan for what you'll do in the event of a major hurricane? If not, today's the day to develop one. Here are some tips:

___1. Identify an out of state contact that all family members will call to report their location and status in case of evacuation.

___2. Identify several locations that are affordable to which you can evacuate.

___3. Call ahead to these hotels or other facilities and determine what services they offer. For instance, do they take pets? Have kitchenettes?

___4. Call to find pet shelters in the area where you're evacuating.

___5. Call ahead to get numbers of emergency health care in the area. If you evacuate to the same place each time, consider forming a relationship with a doctor's office in that community and discuss your child's special health needs so they are prepared in case of an emergency.

___6. Start saving for gas, food, and incidentals you will need along the way.

___7. Create a packing list ahead of time to make the evacuation go more smoothly and quickly.

___8. Ask your doctor ahead of time how you can get in touch with him/her in case of an emergency while gone.

___10. Create a family medical diary with all medical info, medicines, doctor contact numbers. (SEE the F2FHIC Medical Diary at our website below).

___11. Scan to Cdrom all important papers, including medical prescriptions, medical records & info, children's IEPs or IAPs from school, your last school evaluation, along with your insurance papers and other vital records. If you can't scan them, make a separate copy of all to keep in a large Ziplock that you can grab quickly before you leave. Or, consider keeping a waterproof, fireproof safe in your home and bringing the safe with you when you evacuate.

___12. Create an emergency phone list with cell phone numbers and all the other numbers noted above.

___13. Place in one spot, your emergency copy of important papers, emergency phone lists and a map of your exit routes with alternative routes highlighted.

For more information contact:
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Baton Rouge, LA 70806

A Family to Family Health Information Center
225-216-7474 or toll-free at 1-866-216-7474 or visit us at www.fhfgbr.org

Look for additional fact sheets in the "Do You Have A Plan?" Series!

